

Point by point

Compare Essay

Consuming Fresh Foods Instead of Canned Foods

Eating is an activity that we as humans do at least two times a day. In the 21st century we live in a world where the variety of food is immense, and we have a multitude of choices of food to choose from every day. Although there are many different foodstuffs, they are divided into two main categories; fresh food and canned food. Fresh food and canned food differ from each other in two main ways, in flavor and in cost.

First, the most notable difference between fresh foods and canned foods is in their flavor. Fresh foods are usually full of flavor and taste because they maintain all of the natural vitamins and minerals and they are consumed within a short time. Canned food, on the other hand, often lacks a clear flavor and tastes differently to fresh food since chemical products have been added to them to increase shelf life. In other words, fresh foods have a greater taste and flavor as they are consumed without any added ingredients and close to the time of production.

Second, another difference between these two types of foods is the cost. Whereas fresh foods are cheap to buy, canned foods are much more expensive. For example, with canned food people pay for the benefit of convenience; they can be bought almost anywhere, there is no preparation and they can be used at any time. In contrast, fresh foods can be difficult to find and need to be prepared before eating.

In conclusion, fresh foods and buying canned foods are different in their flavor and cost. When it comes down to a personal choice, it depends on the time each person has to cook and prepare food and the amount of money they have available to spend on their nutrition. It is important for everybody to consider their lifestyle and choose healthy foods appropriately.

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Contrast Essay

Where to Go on Vacation: The Beach or the City

It is a fact that not all the people have the opportunity to go on vacation. The ones who have the facilities like to go out of town once in a while in order to leave their worries behind. When you go on vacation, you have to decide the best place to go according to what you have in mind. Vacation at a beach and in a city, which can be two ways of vacationing, are different in terms of the kinds of activities and the pace of life.

First of all, the major difference between vacationing on the beach or in a city is the kind of activities you are able to do. On the beach, for example, you can go sailing, fishing, surfing, skiing, or take advantage of the sun and lie in the sand to get tan, or even in some cases feed sharks and swim with dolphins. On the other hand, in a city you can visit different sites such as museums, theaters, important buildings, downtown, among other things. This means that you have many places to know and you will need much more time and organization in a city than on the beach.

Secondly, vacationing on the beach and vacationing in a city differ in the pace of life. If you want a relaxing plan, your option will be the beach. When you are on the beach, you do not have to time your day and you just let things happen. In contrast, while in the city, you will have to schedule all your activities in order to have time to visit the different sites you want to.

To sum up, the kind of activities and the pace of life are the most important differences to consider when deciding to go on vacation on the beach or in a city. Although both places are interesting and exciting, it all depends on what you are looking for. Keep in mind that wherever you decide to go, you will enjoy it.

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